

# IS OPTION 1: MONTHLY EMAIL SUPPORT RIGHT FOR ME?

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## Who is this best for?

This option is best if you want light guidance, occasional feedback, and a place to ask questions as you work through your plan on your own.

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## What kind of support will I get?

You'll receive email support for questions, feedback on implementation, and high-level suggestions related to your business or projects.

3

## Is this coaching or project management?

No. This is light guidance by email. It does not include ongoing coaching, task execution, or project oversight.

4

## How quickly will I hear back?

You can expect a response within 12–24 business hours on weekdays.

5

## Can I cancel if I no longer need support?

Yes. This option is month-to-month and can be canceled at any time.

